

### **Marathon walk for homecare team will support two charities**

A St Annes homecare company is planning an epic marathon walk spanning the length of the Fylde coast for two local charities.

Staff, families and friends at Clifton Homecare Office are planning a walk from their base on Orchard Road to Fleetwood Mount and back – a total of 26 miles – in one day to raise money for Brian House Children's Hospice and the Lancashire Teaching Hospitals NHS Foundation Trust's Motor Neurone Disease (MND) Team, based at Royal Preston Hospital.

The team will set off at 8am on Sunday 4<sup>th</sup> September, walking along the seafront, and aims to be back at the office by 5pm.

Caroline Cosh, Managing Director at Clifton Homecare, said: "Both charities are very close to our hearts, and we are planning this walk in an effort to support them at a time when charities may still be struggling to raise funds.

"As well as the chance to raise much-needed money, this walk is a fantastic team-building opportunity, the chance to create some camaraderie and hopefully have some fun.

"We'll be splitting into two teams – the first will set off from the office for the first 12 miles, and the second will be based at Fleetwood and ready to complete the second leg back to the office.

"We're inviting clients and families to join us to help lift spirits for all or part of the journey, or just to cheer us on along the route."

Brian House Children's Hospice supports children with life-limiting or life-threatening illness across the Fylde coast.

Janet Atkins, Corporate Partnerships Manager, said: "We are so thrilled the team at Clifton Homecare has chosen to support our dedicated children's hospice with this marathon walk.

"Every penny raised for Brian House will be spent providing very specialist care to children living with very complex conditions, support them and their families while helping to create wonderful memories.

"We wish the team the very best of luck with their challenge."

Paula Wilson, Head of Charities at Lancashire Teaching Hospitals Charity, said: "It is a privilege to know that our MND team here at Lancashire Teaching Hospitals NHS Foundation Trust have been selected by Clifton Homecare to benefit from their heroic fundraising efforts. Our MND team work so hard in the fight against this terrible disease, we are so extremely grateful to everyone at Clifton Homecare for their ongoing support."

**To sponsor the Clifton Homecare team as they prepare for their marathon walk, visit:**

<https://www.justgiving.com/team/CliftonHomecare30>

**CAPTION:**

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